

# JULY SOUP MENU

ALL OF OUR CO-OP MADE SOUPS ARE MADE FROM SCRATCH USING OUR FROM-SCRATCH STOCK, FRESH ORGANIC OR ALL-NATURAL INGREDIENTS.

YOU'LL TASTE THE DIFFERENCE!

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|----|--------------------------------------|
| 01 | POTATO FLORENTINE   WF               |
| 02 | SWEET POTATO CURRIED LENTIL   WF & V |
| 03 | CHICKEN TORTILLA   WF                |
| 04 | BEAN & BARLEY   V                    |
| 05 | SPINACH COCONUT   V & WF             |
| 06 | CHEF'S CHOICE                        |
| 07 | GINGER CHICKEN NOODLE                |
| 08 | GOLDEN SPLIT PEA   V & WF            |
| 09 | TOMATO PARMESAN   WF                 |
| 10 | CHICKEN WILD RICE   WF               |
| 11 | BROCCOLI CHEDDAR CHEESE   WF         |
| 12 | PERUVIAN QUINOA   WF & V             |
| 13 | CHEF'S CHOICE                        |
| 14 | GINGER CHICKEN NOODLE                |
| 15 | SPINACH LENTIL   V                   |
| 16 | INDIAN VEGETABLE   WF                |
| 17 | RED LENTIL COCONUT CURRY   V & WF    |
| 18 | CHICKEN MULLIGATAWNY                 |
| 19 | MUSHROOM MISO SOUP   V & WF          |
| 20 | CHEF'S CHOICE                        |
| 21 | GINGER CHICKEN NOODLE                |
| 22 | GOLDEN SPLIT PEA   V & WF            |
| 23 | TOMATO PARMESAN   WF                 |
| 24 | PERUVIAN QUINOA   WF & V             |
| 25 | CHICKEN WILD RICE   WF               |
| 26 | POTATO FLORENTINE   WF               |
| 27 | CHEF'S CHOICE                        |
| 28 | GINGER CHICKEN NOODLE                |
| 29 | BEAN & BARLEY   V                    |
| 30 | INDIAN VEGETABLE   WF                |
| 31 | SPINACH COCONUT   V & WF             |

**MAMA'S VEGGIE CHILI SERVED DAILY**



WF = wheat free | V = vegan

Our soups are made in a facility that also processes milk, eggs, tree nuts, peanuts, corn & wheat. While we adhere to good safety & cleanliness practices that help to ensure ingredients do not cross-contaminate other items, we cannot guarantee it.